

# **IF YOU LOVE MUSIC, MAKE MUSIC!**

LEARN TO PLAY MUSIC IN A BAND  
AS AN ADULT  
--EVEN IF YOU HAVE  
**NO MUSICAL EXPERIENCE**

***YOU CAN JOIN THE BAND!***

Go to [SVNHB.org](http://SVNHB.org)

for more information

or call 978-261-5065

Beginners and Returnees Welcome

Rehearsals at Wayland Middle School

201 Main Street (Rt.27), Wayland



# SUDBURY VALLEY NEW HORIZONS BAND

WAYLAND SCHOOL COMMUNITY PROGRAMS  
WAYLAND, MA 01778



## WELCOME!!!!

I'm so glad you are here! I hope you will find joy, excitement and new friends through making music. If you are brand new to music making and aren't even sure what those little black marks mean on the paper, you are in the right place. If you played years (decades) ago, but haven't looked at the instrument since, you are in the right place. If you played another instrument, but want to learn something new, you are in the right place. If you've been taking lessons recently or brushing up on your own, you are in the right place!!!

We have several groups:

- 1- Beginner classes
- 2- An "I-don't-remember-which-end-to-blow-in" class
- 3- A novice band (our beginners from last year & others who feel it's right)
- 4- An intermediate band

You will move from one group to another, as YOU are ready. Some people will stay with us for a long time, others will use us to get up to speed and go off and play in a community band somewhere.

Some of you are probably kind of nervous ("Can I do this??" "Will my arthritis be a problem?" "I failed flute in junior high." "Will I have enough air?" "I don't want to make a fool out of myself!"). Our promise to you is to help you learn and to help you replace these questions with, "I CAN!"

If you've never played before, you may be nervous about learning to read music. A lot of people wonder about the mystery of those little black marks on the paper. You will learn them one at a time; when you are actually using the symbols on the page, they begin to make sense. Before you know it, seeing a note on a line will cause your fingers to move in a particular way without you having to think about it!

If you are returning to your instrument, you may find some frustration, some exhilaration. You will be frustrated that your muscles get tired quickly and that they sometimes don't seem to remember what to do. You will be exhilarated by again hearing and feeling the sounds you used to make and that you loved so much! You will be frustrated at what you have forgotten, but exhilarated by what you

remember! Specifically, all wind players will find that their mouths get tired quickly and the tone isn't what they expect. Brass players will most likely find that they miss a lot of notes and shake a bit. Saxes and clarinets will squeak again (OH, NOOO!!!!). Flute players will have very tired right shoulders. Percussionists won't have the control and finesse that they used to have. But guess what? It will come back VERY quickly!! You'll be pleased and surprised!

(There are more "Frequently Asked Questions (FAQs) on our website. Check it out. [SVNHB.org](http://SVNHB.org))

Please feel free to call or email me with any questions you have.

Cordially,  
Diane Muffitt

And remember... **YOUR BEST IS GOOD ENOUGH!**

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## **The Sudbury Valley New Horizons Band. . .**

- 🎵 Provides an entrance into the world of group instrumental music making for adult beginners
- 🎵 Provides a way back into playing an instrument after several years or decades away from it.
- 🎵 Is a non-competitive and non-intimidating musical environment in which “Your best is good enough!” (Roy Ernst, founder of the first New Horizons band)
- 🎵 Is a social organization for adults who love music and want to work together to make the group happen
- 🎵 Is for adults who enjoy making music!!!

## **Band members will include. . .**

- 🎵 All interested mature adults – you can be 40, you can be 100 – any adult who wants to learn to play an instrument!
- 🎵 Beginners of all ages!
- 🎵 People of all ability levels! Friends and family members who are active instrumental musicians (or even professionals!) can be part of the group, too!
- 🎵 Beginners and musicians living in independent living and assisted living facilities!
- 🎵 People who live in Wayland and surrounding towns (Weston, Natick, Framingham, Sudbury, Lincoln, Wellesley) -- or anywhere else!

## **Classes & rehearsals are. . .**

- 🎵 At Wayland Middle School in the band room
- 🎵 Wednesday evenings from 6:30 to 8:15 PM
- 🎵 6:30 PM – warmup & troubleshooting time
- 🎵 6:45 PM –classes/rehearsals – beginner classes in small groups, an “I haven’t done this in years” class, a novice band & an intermediate band
- 🎵 7:35-7:45 PM -- break – snacks in cafeteria
- 🎵 7:45 – 8:15 PM – mixed level rehearsals or special workshops
- 🎵 8:15-8:45 – some people form small ensembles. Ask for more info...

## **The band is also a social organization. . .**

- 🎵 The band is for adults who love music and want to make music together!
- 🎵 Break time is also social time with refreshments
- 🎵 Some people may go out together afterwards or even organize dinner in the school cafeteria before the rehearsals
- 🎵 Eventually we may decide to go to concerts together
- 🎵 You can also join the group as a “Band Aide” and be involved, even if you don’t wish to play an instrument – “Band aides” help by setting up chairs, rooms, organizing events, taking care of the music, providing food, and being our enthusiastic audience and cheerleaders!

## **Concerts. . .**

- 🎵 Yes, there will be concerts!
- 🎵 We will have concerts in December & May (at the Middle School).
- 🎵 Later, performances in other venues will be added – concerts on the green, community band festivals, assisted living facilities, nursing homes, hospitals
- 🎵 New Horizons Band Festival with other bands and/or joint concerts with Golden Tones
- 🎵 Marching and/or flat-bed truck unit for local parades

## **The band’s teaching philosophy is. . .**

- 🎵 Make music from the first! (You don’t have to have all the notes in place to play musically)
- 🎵 Lessons will always circle back around and review, both to reinforce the learning and because, as adults, life and work may occasionally interfere and students may miss a lesson.
- 🎵 Lessons will also always move ahead of playing ability so that students can move ahead on their own if they wish (ex: work with rhythms and sing/speak more advanced exercises)
- 🎵 Your Best is Good Enough!!!
- 🎵 Each week students will need to hand in a practice chart signed by their children or other family members (Just kidding!!!)

## **Thoughts from NHIMA (New Horizons International Music Association). . .**

- 🎵 Music is not just for young people and professionals; it is for all mature adults who want to take part
- 🎵 Anyone can learn to play music at a level that will bring a sense of accomplishment and the ability to perform in a group

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WAYLAND SCHOOL COMMUNITY PROGRAMS  
WAYLAND, MA 01778



## Tentative Class/Rehearsal Schedule:

- See our calendar link on the website for up-to-date schedules or go directly to: [www.bandnotes.info/svnhb/calendar.htm](http://www.bandnotes.info/svnhb/calendar.htm)

All Classes & Rehearsals are 6:30-8:15 PM at the Wayland Middle School. All participants should come first to the cafeteria, sign in, leave coats and cases on the tables, and then go to their class or rehearsal space.

6:15 Teachers and conductors available for help/questions

6:30 PM – warmup & troubleshooting time

6:45 PM – four classes/rehearsals – beginner classes in small groups, an “I haven’t done this in years” class, novice band & an intermediate band

7:35-7:45 PM -- break – snacks in cafeteria

7:45-8:15 PM – combined rehearsals with multiple skill levels or special workshops

## Instruments to consider...

A "Concert Band" is made up of:

Flute

Clarinet

Bass Clarinet

Oboe

Bassoon

Alto Saxophone

Tenor Saxophone Baritone Sax

Trumpet

French Horn

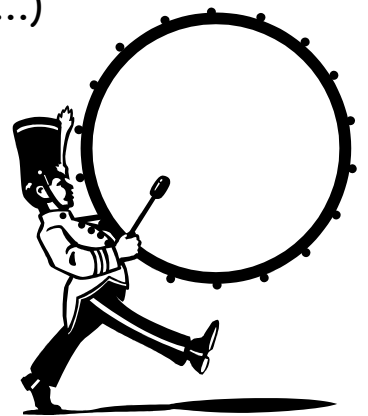
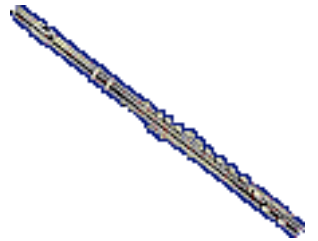
Trombone

Baritone/Euphonium

Tuba

Percussion (drums)

Mallet Percussion (xylophone, marimba...)



## Where do I get an instrument????

Remember – two BIG cautions: 1) Using an old instrument? Get it checked over and repaired. 2) DO NOT purchase an instrument at a department store; there is a reason that they are cheap! Go to a music store and get a good instrument; sure, get a student model rather than laying out a lot of money for a pro instrument, but get a quality brand like Yamaha, Bach, Selmer, Buffet, Fox, Artley, Gemeinhardt, Armstrong, LeBlanc-Vito, Besson, Holton, King, Ludwig, Vic Firth, etc. Of course, there are many other fine quality instruments as well; this list is not exhaustive. Ask one of us if you aren't sure!

Below are some local music stores and some that are further away, but are either worth the travel, or the store services local schools (schools are listed in parenthesis after the store info). Stores with an asterisk (\*) have returned our inquiry and are specifically interested in servicing our SVNHB members.

\*Wayland - Leonards Music, 50 Rice Rd., Wayland, MA 01778,  
<http://www.leonardsmusic.com/profile.html>, Becky Leonard, [LeonardsMusic@verizon.net](mailto:LeonardsMusic@verizon.net)  
(Natick, Wellesley, Wayland & Lincoln Public Schools)

\*Sudbury - Sudbury Music Center Inc - 354 Boston Post Rd, Sudbury, MA 01776-3007, (978) 443-8610 a satellite Co for Rayburn Music in Boston

Framingham, (Saxonville) - Liberty Music - 1613 Concord St, Framingham, MA 01701 - 508) 877-5272

Framingham -- Center Music House - 18 Main St, Framingham, MA 01702-2908, Phone: (508) 875-0909 - <http://centremusic.com/> [info@centremusic.com](mailto:info@centremusic.com)

\*Natick - Strike Up The Band Inc - 5 Washington St, Natick, MA 01760 - (508) 655-9223  
[StrikeUpTheBand@gmail.com](mailto:StrikeUpTheBand@gmail.com)

Acton – The Minor Chord - a satellite Co for Rayburn Music in Boston  
<http://www.theminorchord.com/> 77 Great Road  
Acton, MA 01720, 978-264-0299

Needham Music – 947 Great Plain Ave. Needham, MA 02492 – 781-444-6429,  
<http://needhammusic.com>

\*K & C Music Co, Inc (K & C Music) 273 Lenox St, Norwood, MA 02062-3497, (781) 769-6520, Walter Andruschow - [walter@KandCMusicCo.com](mailto:walter@KandCMusicCo.com) (Weston public schools)

\*Boston - Rayburn Music 238 Huntington Ave. Boston, MA 02115 (Across from Symphony Hall) <http://www.rayburnmusic.com/> Phone 617-266-4727 Toll Free 1-800-874-6767 - Tom Rinaldi, Northeast Educational Sales Manager, [tom@rayburnmusic.com](mailto:tom@rayburnmusic.com) (Wellesley Public Schools)

Boston (Percussion) - Jack's Drum Shop, 1096 Boylston St., Boston, 617-266-4617,  
<http://www.jacksdrumshop.com/>, email: [info@jacksdrumshop.com](mailto:info@jacksdrumshop.com)

\*Westborough - Robinson Music Inc - 108 Milk St Ste 5, Westborough, MA 01581-1228, (508) 366-7007 <http://www.robinsonmusic.org>

\*Westborough - David French Music Company, 76 Otis Street, Westborough, MA 01581, telephone: (508) 366-5994 / fax: (508) 366-2343, <http://www.davidfrenchmusic.com/> - Alan Ventura, School Service Representative, [alan\\_frenchmusic@charterinternet.com](mailto:alan_frenchmusic@charterinternet.com) (Lincoln Public Schools)

Arlington – (particularly good for brass instruments, especially for pro instruments) - Osmun Music in Arlington. 5 Forest Street in Arlington, Massachusetts 02476, (781) 646-5756, <http://www.osmun.com/> [sales@osmun.com](mailto:sales@osmun.com)